

What can the Wellview Care Team do for you?



We have partnered with thousands of members of the GBA Insurance Trust health plan over the years, and we can't wait to meet you and your team!

All services provided by Wellview are available at **NO COST** to members of the GBA Insurance Trust Health Plan, including spouses and dependents over 18. This means a personalized health portal, annual on-site health screening, online Health Assessment, and unlimited access to the following Care Team of providers:

- ✓ **Wellview Health Advisors** are here to help you set personal goals and action steps for anything from improving your eating habits and being more active to sleeping better and stress management.
- ✓ **Registered Dietitians** help guide your healthy eating and lifestyle goals through nutrition education and meal planning support.
- ✓ **Tobacco Treatment Specialists** will lead you to a tobacco free life with proven resources that make the commitment last.
- ✓ **Certified Diabetes Care and Education Specialists** help you prevent or live well with diabetes through expert knowledge around nutrition, medication compliance, activity, and more.
- ✓ **Mental Health Therapists** provide professional support to help with stress, anxiety, grief, depression, and more when you need it most.
- ✓ **Personal Trainers** provide individual guidance around movement, cardio, strength training, stretching, and more.
- ✓ **Doctors on-demand** through Wellview Telemedicine. Call **(877) 293-9355 ext.2** for diagnosis and treatment over the phone. No appointment needed!



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To get your whole team started with their Wellview benefits, **reach out to Bethany Bishop** at bethany.bishop@wellviewhealth.com.